



Sarpy/Cass Health Department Announces Partnership with CredibleMind, Expanding Access to Convenient and Confidential Mental Wellbeing Resources for Community Members

Using the CredibleMind platform, Sarpy/Cass community members will receive 24/7 access to more than 10,000 science-backed mental health resources, personalized to their needs

Papillion, Nebraska. November 4th, 2024 – Sarpy/Cass Health Department today announces its commercial partnership with CredibleMind, an intuitive platform offering personalized mental health, self-care, and wellness-oriented digital content that is specifically chosen to match the unique needs and preferences of the user. The partnership will make CredibleMind an accessible no-cost digital resource to the health jurisdiction's more than 228,000 community members.

Founded in 2018 by Deryk Van Brunt and Marcos Athanasoulis, CredibleMind provides a complete population-based mental health ecosystem, including analytics reporting on service needs, use, and outcomes. Focusing on early intervention and prevention around mental health issues, CredibleMind contains over 10,000 evidence-based and science-backed resources in an effort to provide users with credible self-care options to improve their overall wellbeing without medical intervention.

"We are excited to introduce CredibleMind to our residents in Sarpy and Cass counties. This online platform allows our residents to gain knowledge and skills to work independently on their mental health and wellbeing," said Sarah Schram, Health Director of the Sarpy/Cass Health Department.

"We are facing a mental health crisis in our country and the demand for mental health services is higher than ever," said Deryk Van Brunt, CEO of CredibleMind. "We are thrilled to partner with Sarpy/Cass Health Department and provide on-demand, reliable self-care and mental health resources to help its community members improve their overall wellbeing and flourish."

For more information about Sarpy/Cass Health Department visit <u>schd.ne.gov</u> and for more information about CredibleMind, visit <u>https://sarpycass.crediblemind.com/</u>

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